

Colchester Swimming Club

Our Mission Statement

Our Mission Statement is to:

‘Provide an environment for the coaching and development of swimming and to provide the opportunity and encouragement to enable all Members to reach their full potential within the sport of competitive swimming.’

In every sporting organisation, the higher the peak you aim for, the broader the base you need. For this reason, Colchester Swimming Club caters for a range of swimmers from those who are just ready to begin their first steps towards competitive swimming right up to full international swimmers. A swimmer's individual progress and improvement, at whatever standard, is what gives satisfaction to the Club and its coaches as well as to the swimmers themselves.

We provide coaching for all ages and levels of ability and we strive to provide an enjoyable environment for our Members that will:

- Encourage them to develop and train to fulfil their individual potential
- Prepare them to compete at a level appropriate to their ability.

Our aim is for swimmers to be happy and for most of them; the Club is a highly social place. Equally, we expect our swimmers to train properly and regularly. Swimming training does demand and develop a degree of self-discipline that is useful in all aspects of life. In addition, all experts agree that it is the very best form of exercise available.

Finally, we must all remember Colchester Swimming Club exists for its swimmers.